

Updated LGA Covid Protocols

What we're doing to protect you!

- 1) Daily staff temperature checks
- 2) Staff will be asked to stay home if they show any signs of illness.
- 3) Staff will provide hand sanitizer to all students.
- 4) Staff will be wearing masks throughout the entire class and during all interactions.
- 5) Staff will be cleaning and sanitizing equipment before, after, and periodically during the class.
- 6) Our small class ratio will provide individual stations which give us the ability to distance the kids as much as possible.
- 7) Spotting is used for safety and developing skills. Please let your child's coach know what you're comfortable with for your child.

What can you do to help protect others?

- 1) Masks are optional for vaccinated individuals. The CDC recommends masks for unvaccinated individuals distanced less than 6 ft apart. Mask wearers, please wear breathable, tight-fitted masks covering both the nose and mouth.
- 2) Please use the restroom and wash hands prior to class (restrooms are not guaranteed.)
- 3) When to remain home from class: if your child or any of your household has any signs of illness, your family has been exposed to any serious illness.
- 4) Traveling outside the state or country? We ask that you follow CDC guidelines and stay home to quarantine.
- 5) Provide your child with their own water.

Together

Communication is KEY! We want you to feel comfortable and happy with our services! Please let us help you with any questions/concerns pertaining to this policy at info@lgagymnastics.com.